

# 2025-2026 Competitive Events Guidelines

## Public Speaking (High School)



Public Speaking allows members to develop and deliver a well-structured speech on a designated topic. This event helps members enhance their confidence, clarity, and persuasive communication skills through a live presentation before a panel of judges.

### Event Overview

<b>Division</b>	High School
<b>Event Type</b>	Individual
<b>Event Category</b>	Presentation
<b>Event Elements</b>	Speech

### Educational Alignments

<a href="#">Career Cluster Framework Connection</a>	Marketing & Sales
<a href="#">NACE Competency Alignment</a>	Career & Self-Development, Communication, Critical Thinking, Professionalism

### 2025-2026 Topic

*Develop and deliver a speech based on the following topic:*

#### **Bouncing Back: How to Overcome Challenges and Succeed**

Deliver a speech that explores the power of resilience: How to stay strong during tough times and keep moving forward. Share strategies for overcoming obstacles, staying motivated, and turning setbacks into opportunities for growth and success.

What does it take to rise above adversity and reach your goals?

### District/Region/Section

Vermont FBLA does not host district conferences.

### State

See below for list of required competition items; Vermont FBLA requires the same items set by National FBLA at our State Leadership Conference. All competitors may present to the judges in a preliminary round.

### National

#### *Required Competition Items*

Items Competitor Must Provide	Items FBLA Provides
<ul style="list-style-type: none"> <li>Conference-provided nametag</li> <li><a href="#">Photo identification</a></li> <li>Attire that meets the <a href="#">FBLA Dress Code</a></li> </ul>	<ul style="list-style-type: none"> <li>N/A</li> </ul>

#### **Important FBLA Documents**

- Competitors should be familiar with the Competitive Events [Policy & Procedures Manual](#), [Honor Code](#), [Code of Conduct](#), and [Dress Code](#).

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## Public Speaking (High School)



### ***Eligibility Requirements***

To participate in FBLA competitive events at the National Leadership Conference (NLC), the following criteria must be met:

- **Membership Deadline:** FBLA national membership dues must be paid to the specific division by 11:59 p.m. Eastern Time on March 1 of the current school year.
- **Repeat Competitors:** Members may only compete in an event at the NLC more than once if they have not previously placed in the top 10 of that event at the NLC. If a member places in the top 10 of an event at the NLC, they are no longer eligible to compete in that event at future NLCs, unless the event has been modified beyond a name change. Chapter events are exempt from this procedure.
- **Conference Registration:** Members must be officially registered for the NLC and must pay the national conference registration fee to participate.
- **Official Hotel Requirement:** To be eligible to compete, competitors must stay within the official FBLA housing block.
- **State Entry Limits:** Each state may submit up to four entries per event.
- **Event Participation Limits:** Each member may participate in:
  - One individual or team event, and
  - One chapter event (e.g., *Community Service Project* or *Local Chapter Annual Business Report*).
- **Competitor Responsibility:** Only registered competitors are permitted to plan, research, prepare, and set up their presentations. Advisers and others may not assist.
- **Participation Requirement:** To be eligible for an award, each competitor must complete all components of the event at the National Leadership Conference.
- **Identification at Check-in:** Competitors must present valid photo identification (physical or digital) that matches the name on their conference name badge. Acceptable forms include a driver's license, passport, state-issued ID, or school ID.
- **Late Arrivals:** Competitors will be allowed to compete until such time that the results are finalized, or participation would impact the fairness and integrity of the event, as determined by Competitive Events staff. If judges have left the competitive event area, it is no longer possible to compete. Five penalty points will be assessed for late arrivals in any competitive event.
- **Event Schedule Notes:**
  - Some events may begin before the Opening Session.
  - All schedules are posted in local time for the NLC host city.
  - Schedule changes are not permitted.

### ***Event Administration***

This event consists of two phases: a preliminary presentation and a final presentation.

### **Preliminary Presentation Details**

Timing Structure

- **Equipment Set-Up:** 0 minutes
- **Presentation:** Maximum of 5 minutes (one-minute warning)
- **Question & Answer (Q&A):** 2 minutes
- **Important:** Time allocations are exclusive. Time may not be shifted between segments.

# 2025-2026 Competitive Events Guidelines

## Public Speaking (High School)



### Venue & Format

- Presentations occur in-person at the National Leadership Conference (NLC).
- Competitors are randomly assigned to presentation sections.
- Presentations will take place in a large, open area with a designated space of approximately 10' x 10', which includes a table and chairs for the judges.
- The preliminary round is closed to conference attendees and audience.

### Restricted Items

- Animals, except for authorized service animals.
- Reference materials such as visual aids, props, handouts or electronic devices.

### Copyright Compliance

- All competitors must comply with state and federal copyright laws.
- Facts and data must be cited using credible sources.

### Event Specific Information

- The speech must be developed around the topic.
- When delivering the speech, competitors may use notes prepared before the event.

### **Final Presentation Details**

The presentation guidelines outlined above will apply to the final presentation.

### Advancement to Finals

- The top-scoring competitors from each preliminary section will advance to the final round in equal numbers.
- The number of competitors advancing to the final round depends on the number of preliminary sections:
  - 2 sections: Top 6 from each section advance
  - 3 sections: Top 4 from each section advance
  - 4 sections: Top 3 from each section advance
  - 5 sections: Top 3 from each section advance
  - More than 5 sections: Top 2 from each section advance

### **Scoring**

- Preliminary round scores are used to determine which competitors advance to the final round from each section.
- Final round scores determine the final rankings and top award winners.
- Judges are responsible for breaking all ties in both preliminary and final rounds.
- All judging decisions are final. Results announced at the National Leadership Conference are considered official and will not be changed after the conclusion of the National Leadership Conference.

### **Penalty Points**

- Competitors may be disqualified if they violate the Code of Conduct or the Honor Code.
- Five points are deducted if competitors do not follow the Dress Code or are late to their assigned presentation time.

### **Recognition**

# 2025-2026 Competitive Events Guidelines

## Public Speaking (High School)



- A maximum of 10 entries (individuals or teams) may be recognized per event.

### ***Americans with Disabilities Act (ADA)***

- FBLA complies with the Americans with Disabilities Act (ADA) by providing reasonable accommodations for competitors. Accommodation requests must be submitted through the conference registration system by the official registration deadline. All requests will be reviewed, and additional documentation may be required to determine eligibility and appropriate support.

### ***Recording of Presentations***

- Unauthorized audio or video recording is strictly prohibited in all competitive events.
- FBLA reserves the right to record presentations for educational, training, or archival purposes. Competitors should be aware that their presentations may be recorded by FBLA-authorized personnel.



# 2025-2026 Competitive Events Guidelines

## Public Speaking (High School)

### Public Speaking Presentation Rating Sheet

Expectation Item	Not Demonstrated	Below Expectations	Meets Expectations	Exceeds Expectations	Points Earned
<b>Topic &amp; Theme</b> Incorporates provided topic and executes a consistent theme	Provided topic is not mentioned in speech	Topic is not clearly incorporated into speech	Topic was clearly incorporated into speech	Topic was clearly incorporated and expanded thoroughly throughout the speech, using personal stories	
	0 points	1-6 points	7-8 points	9-10 points	
<b>Introduction</b> Introduce the speech	Speech had no introduction	Introduction was not clearly presented	Introduction was clearly presented, and topic was defined	Introduction was clearly presented, and topic was defined with an effective transition into the speech body	
	0 points	1-6 points	7-8 points	9-10 points	
<b>Supporting Information (Body)</b> Include accurate and appropriate supporting information	Speech did not have a topic	Multiple topics presented without clear connections	Central topics were identified, connected, and supported throughout the speech	Central topics were identified, connected, and supported throughout the speech with smooth transitions effectively utilized to support the central topic	
	0 points	1-9 points	10-16 points	17-20 points	
<b>Conclusion</b> Provide effective conclusion connected to the topic & theme	Speech did not have a conclusion	Conclusion was not clearly presented	Effective conclusion was presented	Conclusion provides connection to entire presentation	
	0 points	1-6 points	7-8 points	9-10 points	
<b>Speech Delivery</b> Deliver speech with appropriate pace, lack of filler words, varied facial expressions, excellent eye contact with judges, good posture, voice projection, self-confidence, and poise	Maintained an inconsistent pace that was either too fast or slow, paired with excessive use of filler words	Displayed a distracting and uneven pace, accompanied by noticeable use of filler words	Maintained an appropriate pace with minimal use of filler words	Maintained a well-varied pace and eliminated filler words, fully engaging the audience	
	0 points	1-6 points	7-8 points	9-10 points	
	Does not make eye contact or have varied facial expressions	Minimal varied facial expressions and/or eye contact	Appropriate facial expressions and eye contact	Appropriate eye contact, facial expressions, and didn't use notecards	
	0 points	1-6 points	7-8 points	9-10 points	
Does not have voice projection	Minimal voice projection	Appropriate voice projection	Appropriate voice projection and diction		
	0 points	1-6 points	7-8 points		9-10 points
Did not demonstrate self-confidence, poise, or good posture	Demonstrated self-confidence, poise, or good posture	Demonstrated elevated self-confidence, poise, and good posture	Demonstrated elevated self-confidence, poise, posture, and assertiveness		
	0 points	1-6 points	7-8 points		9-10 points
<b>Demonstrates the ability to effectively answer questions</b>	Does not respond to questions or responses are completely off-topic.	Provides incomplete or unclear answers that show limited understanding.	Responds accurately and clearly to most questions, showing adequate understanding.	Responds confidently with clear, accurate, and thoughtful answers that enhance the overall presentation.	
	0 points	1-6 points	7-8 points	9-10 points	



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Presentation Protocols			
Adherence to Competitive Events Guidelines	Competitor(s) Did Not Follow Guidelines	<b>Execution Aligned with Guidelines: (All criteria must be met)</b> ✓ Presentation aligned with the assigned topic ✓ Did not leave materials behind after the presentation ✓ Avoided use of food, live animals, technology, visuals, props	
	0 points	10 points	
<b>Staff Only:</b> Penalty Points (5 points for dress code penalty and/or 5 points for late arrival penalty)			
<b>Presentation Total (110 points)</b>			
Name(s):			
School:			
Judge Signature:			Date:
Comments:			